



La Petite Nénette



Seminars, trainings

Tailored services,
in France & abroad

Team buildings, coaching

+33 (0) 6 81 92 01 55

audrey@lapetitenenette.com

www.lapetitenenette.com



Energy, stress and resilience
management.
Team work & creativity



“Get everyone to travel in
vineyards across the world
and develop your senses”



Coaching around
communication: coverage,
comm' support...



La Petite Nénette

My mission

Make everyone travel in various vineyards,
(re)discover their senses around the grape varieties of
the world and practice self-awareness to feel good



La Petite Nénette

Workshops & Team buildings



“Make you **travel** across vineyards worldwide and develop **your senses**”

Workshops around senses deployment and the art of tasting “Wines & Spirits”

Benefits: Team resilience & creativity, senses awareness and mental **escape, sharing...**

Formulas around senses

1. Choice of theme

Discovery of terroirs, sensory initiation, food & wine pairings with the influence of flavours, winemaking history, « nature » exercises, mindfulness through tasting, wine & music...

2. Wine selection for tasting (vineyards of the world)

3. Seminar duration (from 2h)

4. Group size (minimum of 5 persons)

Supports:

Tasting materials provided and practical exercises



Example :

Formula South Africa discovery and its wines

- Discovery of terroirs, history and wines of South Africa
- Initiation to sensory analysis around wine
- Food and wine pairing tasting & exercises

Supports:

Powerpoint presentation & video supports

Cabaret style tables for a better group exchange

Tasting note support provided

Aroma pack to practice senses and work on scent and olfactory memory

Glasses & wines

Food fingers (for food & wine pairing workshop)

Objects for demonstration (stave, stones, glasses, photos)

Duration: 2,5 h

Starting from 35€ per person

(depending on group size and selected options)

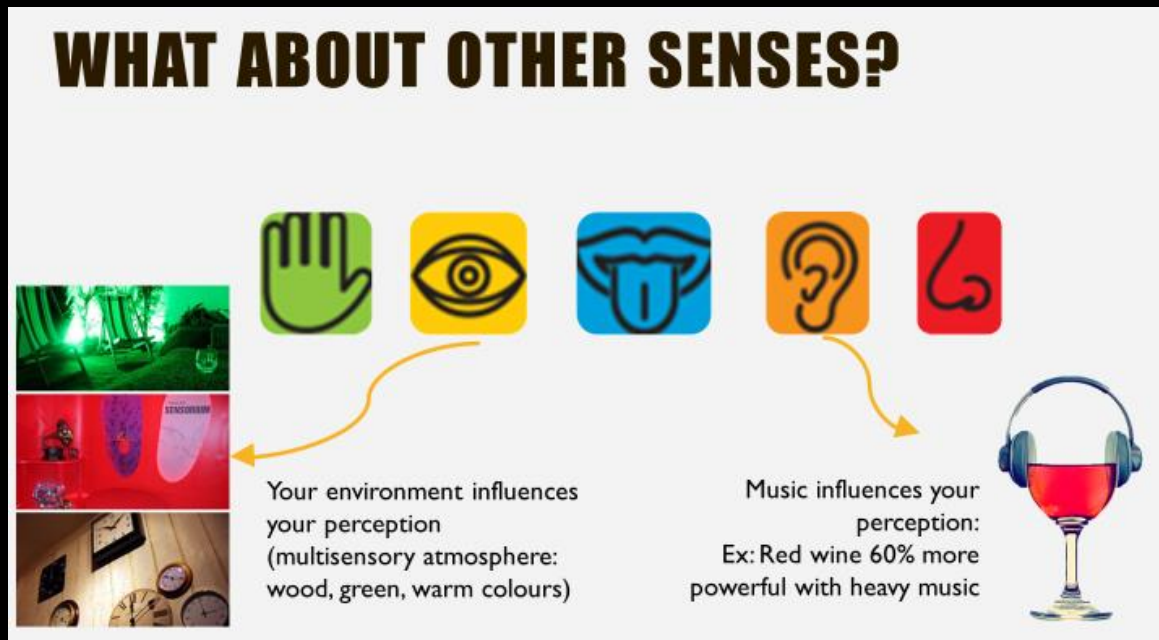


*« A beautiful encounter this day with you at the castle of C *!
Your intervention was very entertaining and interesting around the world of South African wines. »
Véronique*

Example :

Mindfulness & workshops on your senses

- Explore the 5 senses through practical exercises in groups: eyes masks, aroma kit for nose, music influences, decoration influence on brain and perception...
- Test your palate with food tastes: acidity, bitterness, umami, sweetness, saltiness



Workshops locations

Professionals: We organize events (Lunch & Learn, Walking evening ...) in selected locations across Belgium, France, Switzerland and other countries (on request: South Africa, Japan, India) - hotels, Relais & Châteaux, wine estates, wine merchants OR simply in your premises.

Private seminars for entreprise:

Within your workplace or outside location (recommended) and on demand,
Non exhaustive list here below, for example:



FRANCE:

- Lille, Valenciennes : Royal Hainaut (North of France)
- Champagne: Château de Courcelles
- Loire region: Angers Château Piégue
- Paris

SWITZERLAND:

- Geneva: Hotel Ritz Carlton

BELGIUM:

- Domaine du Chenoy (Namur)

PORTUGAL:

- Douro region

SICILIA: Tarantola agriturismo (Palermo)

SOUTH AFRICA: Cape Town region

JAPAN: Tokyo region





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Take time to (re)discover your senses



La Petite Nénette

Consulting



Tailored services for companies and wineries:

- **Communication & marketing support** for wineries and wine shops:
Bring a well-being dimension, emotions and customer experience to your wines (comm' support, event management)

Consulting

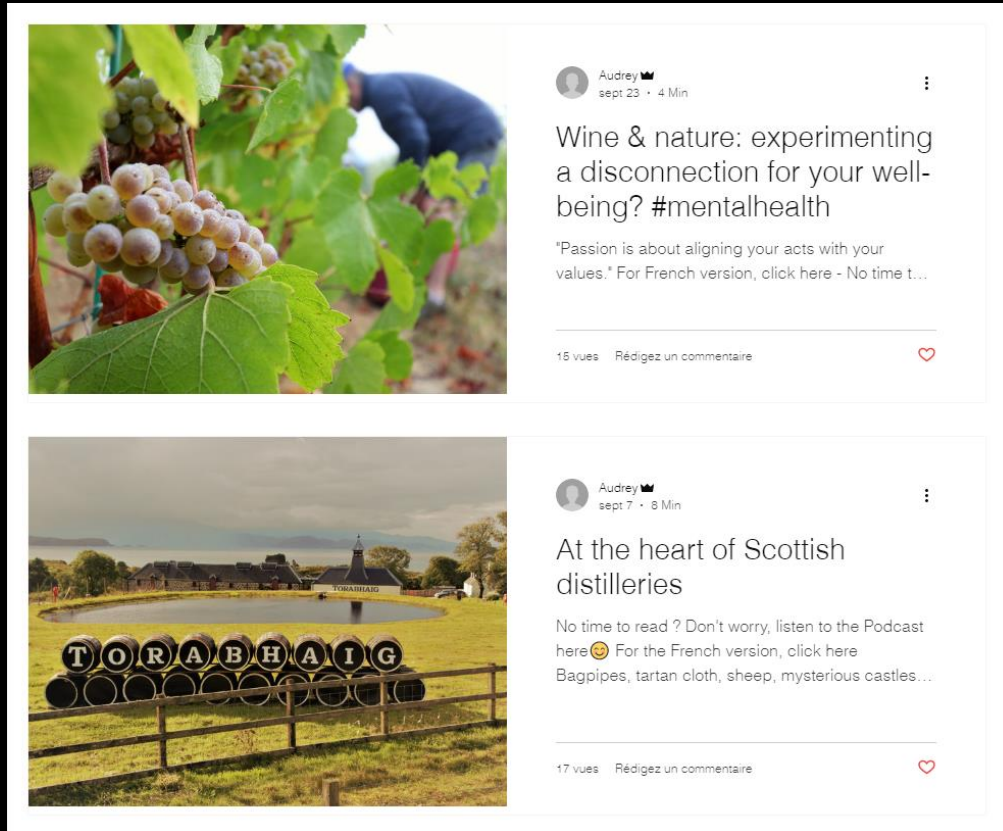


FORMAT	TOPICS
<p>Communication & marketing support for wineries & wine shops</p>	<ul style="list-style-type: none"> • Videos & photos coverage • Communication support set-ups (Website content, articles for magazines, communication support across social network tools) • Regular communication (social networks, Website...) – Monthly fee subscription • Calendar and event management

Example of an achievement for a winery in Loire region (France)
(communication video support for social networks)



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Contact: Audrey Delbarre

+33 (0) 6 81 92 01 55

audrey@lapetitenenette.com

